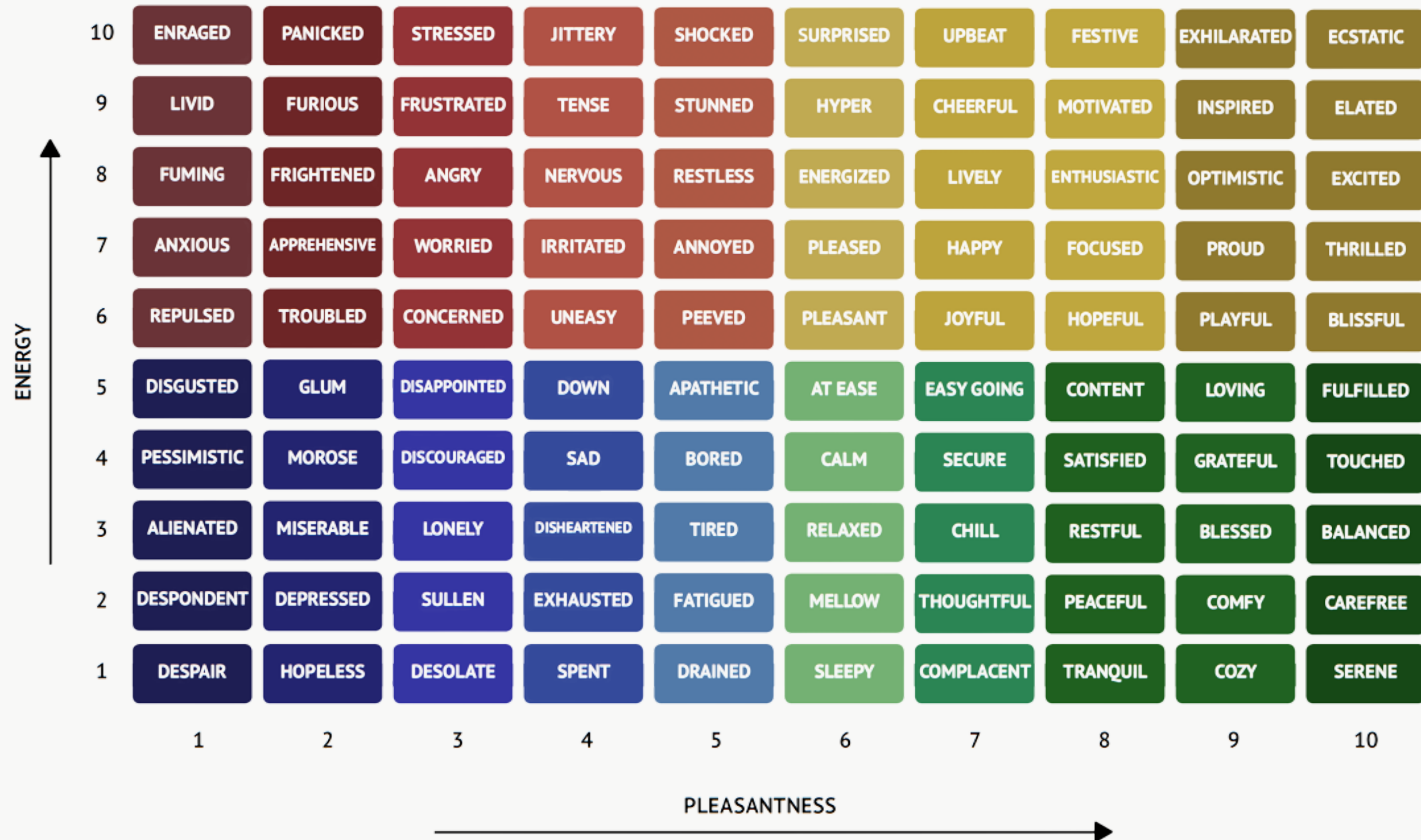


THE EMOTION METER



The Mood Meter has been developed by the Yale Center for Emotional Intelligence. This Emotion Meter tool has been adapted and available in the Positive Psychology Toolkit.